Nestara

SMART HOME & FAMILY LIVING

Monthly Budget Tracker

One page, one month, every dollar with a job — no app required.

Write it down · Spend with a plan · Check in weekly

Month: _____

01 Money in *What comes in*

Paycheck 1	$
Paycheck 2	$
Side income Freelance, selling, gigs	$
Other income Refunds, rebates, gifts	$
Benefits Child support, assistance	$
Interest & dividends	$
	$
Total income	**$**

02 Money out *Where it goes*

Housing Rent or mortgage	$
Groceries	$
Utilities Electric, water, phone, internet	$
Transport Gas, transit, car payment	$
Insurance & health	$
Subscriptions	$
Dining out & fun	$
Household & other	$
Total expenses	**$**

My *savings goal* this month

PAY YOURSELF FIRST

I'm saving _____ for _____

TOTAL INCOME		TOTAL EXPENSES		SAVINGS		MONEY LEFT
$	–	$	–	$	=	$

Week 1	Week 2	Week 3	Week 4
Groceries spent	Groceries spent	Groceries spent	Groceries spent

*A budget that flexes is a budget that lasts — **adjust the numbers, not the goal.***