Nestara

SMART HOME & FAMILY LIVING

Weekend Declutter Checklist

Six rooms, one bag out the door — a calmer home by Sunday night.

Keep · Donate · Toss — decide fast and move on

01 Kitchen *Saturday morning*

- [ ] Clear the junk drawer — keep 5, toss the rest
- [ ] Toss expired food from the pantry and fridge
- [ ] Donate duplicate gadgets and unused mugs
- [ ] Wipe one shelf; keep only what earns its spot

02 Living room *Saturday morning*

- [ ] Clear every flat surface — tables and shelves
- [ ] Recycle old magazines and catalogs
- [ ] One basket for strays from other rooms
- [ ] Fluff the pillows and fold the throw

03 Bedroom *Saturday afternoon*

- [ ] Clear the nightstand to charger, book, water
- [ ] Under the bed: keep storage, lose clutter
- [ ] Old pillows and worn bedding go in the trash
- [ ] Make the bed properly — the room feels done

04 Bathroom *Saturday afternoon*

- [ ] Toss expired medicine and half-used products
- [ ] One basket per person; the rest leaves
- [ ] Thin, stained towels become cleaning rags
- [ ] Wipe the mirror and sink — five minutes

05 Closet *Sunday morning*

- [ ] Hanger test: unworn in a year? Donate it
- [ ] Shoes unworn for two seasons — let them go
- [ ] One labeled bin for out-of-season, up high
- [ ] Match stray socks or set them free

06 Garage & entry *Sunday morning*

- [ ] Coats and shoes by the door: one hook each
- [ ] Sort the mail pile — file, shred, recycle
- [ ] One shelf in the garage, cleared and swept
- [ ] Broken things with no plan to fix: out they go

The *one-bag rule* — before the weekend ends

FINISH STRONG

- [ ] Fill one bag for donation from any room
- [ ] Put it in the car tonight — not "later"
- [ ] Drop it off Monday on the way to work

Don't organize what you don't need — **let it go first, then give the rest a home.**